

## CLIENT INTAKE FORM

Date \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Age \_\_\_\_\_ Date Of Birth \_\_\_\_\_ Social Security # \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency Contact's # \_\_\_\_\_

Education/Last Grade Completed \_\_\_\_\_ Optional: Religion \_\_\_\_\_

Are You Employed? \_\_\_\_\_ Where? \_\_\_\_\_ FT/PT

Marital Status \_\_\_\_\_ # of years you have been together? \_\_\_\_\_

Partner's Name \_\_\_\_\_ Partner's Employer \_\_\_\_\_

Is this your first marriage? \_\_\_\_\_ Your spouse's? \_\_\_\_\_

Children:	Age	Sex	Living at home?
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

DYFS History (previous or present involvement) \_\_\_\_\_

Do you have any involvement with the legal system? \_\_\_\_\_

Does your partner have a criminal record? \_\_\_\_\_

(if you answered yes please explain) \_\_\_\_\_

Does your partner use drugs or alcohol? \_\_\_\_\_

(if you answered yes please explain) \_\_\_\_\_

Does your partner have a history of mental illness? \_\_\_\_\_

(if you answered yes please explain) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please fill out if you or a family member have been in counseling or therapy before:

Person	Therapist/Agency	When/Duration	Reason
_____	_____	_____	_____
_____	_____	_____	_____

Have you or a family member ever been hospitalized for psychiatric reasons?

Person	Hospital	When/Duration	Reason
_____	_____	_____	_____
_____	_____	_____	_____

Please list your brothers and sisters:

Age	Sex	Marital Status	Drug/Alcohol History
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you ever had a serious injury or illness? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain \_\_\_\_\_

Do you have any other medical problems? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain \_\_\_\_\_

Please list any medications you are taking: \_\_\_\_\_

Do you or have you ever used alcohol while taking this or any other medication? \_\_\_\_\_ Yes \_\_\_\_\_ No

Do you ever see a new doctor because your regular doctor would not refill your prescription? Y/N

Has anyone in your family/friends expressed concern over your drinking or use of drugs? Y/N

Do you use alcohol at all? \_\_\_\_\_ Yes \_\_\_\_\_ No How often? \_\_\_\_\_

What do you like to drink? \_\_\_\_\_

Do you ever get drunk? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Do you ever drink alone? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have trouble remembering things when you drink? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Do you think that alcohol or drugs are a problem for you? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Do you have any other addictions (Gambling, Food, Etc.)? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Are you currently in a recovery program? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, which one? \_\_\_\_\_

**PLEASE CIRCLE ALL AREAS OF CONCERN TO YOU:**

1. PHYSICAL ABUSE
2. EMOTIONAL ABUSE
3. SEXUALITY
4. SEXUAL ASSAULT
5. DEPRESSION
6. ANXIETY
7. RELATIONSHIPS
8. SELF-ESTEEM
9. PARENTING
10. BEHAVIOR OF CHILDREN
11. SEPARATION / DIVORCE
12. FINANCES
13. LEGAL ISSUES
14. GAMBLING
15. ANGER MANAGEMENT
16. SELF-ABUSE
17. PHYSICAL ABUSE OF CHILDREN
18. EMOTIONAL ABUSE OF CHILDREN
19. SUICIDAL THOUGHTS
20. HOMICIDAL THOUGHTS
21. HEALTH CONCERNS
22. FEAR OF MENTAL INSTABILITY
24. ALCOHOL USE BY \_\_\_ME\_\_\_ PARTNER\_\_\_ CHILD\_\_\_ PARENT
25. DRUG USE BY \_\_\_ME\_\_\_ PARTNER\_\_\_ CHILD\_\_\_ PARENT
26. EATING DISORDER\_\_\_ ANOREXIA\_\_\_ BULEMIA\_\_\_ OVEREATING

**In the space below briefly describe what brings you to counseling at this time.**

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Please read over the list of drugs on the next four pages and place a check next to any you have used in the past or are presently using.

**ANTI-ANXIETY**

PRESENT USE

PAST USE

ATIVAN

\_\_\_\_\_

BUSPAR

\_\_\_\_\_

KLONOPIN

\_\_\_\_\_

LIBRIUM

\_\_\_\_\_

VALIUM

\_\_\_\_\_

XANAX

\_\_\_\_\_

OTHER

\_\_\_\_\_

**ANTI-DEPRESSANTS**

PRESENT USE

PAST USE

CELEXA

\_\_\_\_\_

DESPIRAMINE

\_\_\_\_\_

ELAVIL

\_\_\_\_\_

EFFEXOR

\_\_\_\_\_

GEODON

\_\_\_\_\_

LITHIUM/ ESKALITH

\_\_\_\_\_

LUVOX

\_\_\_\_\_

PAMELAR

\_\_\_\_\_

PAXIL

\_\_\_\_\_

PROZAC

\_\_\_\_\_

SERZONE

\_\_\_\_\_

TOFRANIL

\_\_\_\_\_

WELLBUTRIN

\_\_\_\_\_

ZOLOFT

\_\_\_\_\_

LEXAPRO

\_\_\_\_\_

OTHER

\_\_\_\_\_

**ANTI-PSYCHOTICS**

PRESENT USE

PAST USE

CLOZARIL  
RISPERDAL  
ZYPREXA  
SEROQUEL  
THORAZINE  
OTHER

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**MOOD STABILIZERS**

PRESENT USE

PAST USE

DEPAKOTE  
LITHIUM  
NEURONTIN  
REMERON  
TEGRETOL  
TOPIMAX  
OTHER

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**SLEEPING PILLS**

PRESENT USE

PAST USE

AMBIEN  
HALCION  
PLACIDYL  
RESTORIL  
TRAZODONE  
OTHER

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**PAIN KILLERS**

PRESENT USE

PAST USE

CODEINE  
DARVON  
DEMEROL  
DILAUDID  
FIORNAL  
MORPHINE  
PERCODAN/ PERCOCET  
OXYCODONE  
VICODAN

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# FAMILY MENTAL HEALTH HISTORY:

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

## **Please Circle & List Family Member**

Alcohol/Substance Abuse yes/no

Anxiety yes/no

Depression yes/no

Domestic Violence yes/no

Eating Disorders yes/no

Obesity yes/no

Obsessive Compulsive Behavior yes/no

Schizophrenia yes/no

Suicide Attempts yes/no

## ADDITIONAL INFORMATION:

1. Are you currently employed?  No  Yes

If yes, what is your current employment situation:

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Do you enjoy your work? Is there anything stressful about your current work?

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2. Do you consider yourself to be spiritual or religious?  No  Yes

If yes, describe your faith or belief:

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3. What do you consider to be some of your strengths?

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4. What do you consider to be some of your weakness?

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5. What would you like to accomplish out of your time in therapy?

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